

# Newsletter

COURTHOUSE CHRISTIAN PRESCHOOL & AFTERCARE



September 2021

Hello CCPA Parents,

We all enjoyed seeing so many of you at the Meet and Greets! We cannot wait to get to know you and your children better! We are so glad to be starting the new school year and feel so blessed that you chose CCPA to send your child! This is the first of our school newsletters which you will receive at least monthly. Please read these newsletters closely as they have important information that will help to make our school run more effectively. - Ms Mo



## Drive Up/Drop Off

For the safety of all our children, families and staff, no parent or guardian will be allowed to walk their child/children into the building to their classrooms. All families will have to participate in our drive up drop off/pick up.

## School Bags

We are using our school bags this year! Please also bring the folder you got at your Meet and Greet. To keep our classrooms as germ free as we can, we ask that you not bring anything else from home. We know you love backpacks, toys, blankets and stuffed animals but we just can't keep them clean enough. Extended Care Children will bring a travel pillow, removable pillow case and a small blanket. These will be sent home on the last day of each week, and it is mandatory that bedding be laundered before returning the next week.

## COVID-19 Symptoms

If a child is showing COVID-19 symptoms (fever, cough, shortness of breath) OR if you've been in close contact with a person or child testing positive for COVID-19, you must keep your child home. They must be isolated for a minimum of 7 days after symptom onset, and 72 hours after their fever resolves without fever-reducing medicines. (For example, if symptoms and fever resolve on day 7, the person can return on day 10.) For most, this will be 14 days after the household contact with COVID-19.

We ask that all parents and staff let us know of any potential exposure immediately. A potential exposure means being a household contact or having close contact within 6 feet of an individual with confirmed or suspected COVID-19 for at least 10 minutes. The timeframe for having contact with an individual includes the period of 48 hours before the individual became symptomatic. If there is a positive case of COVID-19 in a child or an adult who has been present in the preschool, we will inform Virginia Department of Social Services, the CDC and our parents.

## Upcoming Dates

9/14 - PTO Meeting  
6:30 in Studio

9/16 & 17 -  
School Pictures

9/27 & 28 -  
Picture Viewing

10/11 - Columbus Day,  
CCPA Closed



## Chapel/Outreach

Beginning in October, we will have chapel time once a week either on Wednesday, Thursday or Friday morning (your child's teacher can tell you which day they go) from 9:30-9:45.

Each week we will sing together and have a special story which goes along with our theme of the month. Each month we will also have a school outreach project. The goal of these outreach projects is to help the children see how they can be the hands and feet of Jesus.



Joyful Years Photography Inc. will be at the preschool on Thursday, September 16<sup>th</sup> Friday and September 17<sup>th</sup> to take photos of all children. These photos will be available for viewing and purchase on Monday, September 27<sup>th</sup> and Tuesday, September 28<sup>th</sup>. Joyful Years Photography, Inc. will also take pictures of CCPA siblings together. Currently, Joyful Years is unable to do pictures with siblings that do not attend CCPA. We will hope to do these in the spring.

### Schedule for picture day:

#### Thursday, September 16<sup>th</sup>

Ms. Jamie's Jelly Fish- 2 Day 2 years old  
Ms. Kimmie's Sea Stars- 2 Day 3 years old  
Ms. Jenn's Sea Turtles- 2 Day 4 years old  
Ms. Mary's Pufferfish s - 5 Day 4 years old  
Ms. Jen's Seals- 5 Day 4 years old

#### Friday, September 17<sup>th</sup>

Ms. Jamie's Jelly Fish- 3 Day 2 years old  
Ms. Lindsay/Ms. Kaitlin's Sharks- 3 Day 3 years old  
Ms. Kimmie's Sea Stars- 3 Day 3 years old  
Ms. Melissa's Seahorses- 5 Day 3 years old  
Ms. Jenn's Sea Turtles- 3 Day 4 years old  
Ms. Stacey's Sandpiper -3 Day 4 years old



### VIC Card Sign Up

Did you know that CCPA participates in the Harris Teeter fundraiser for schools? It's simple to support us! Simply ask your cashier to link your VIC card to #6267 the

next time you stop in. If you would prefer, you can go online to [HarrisTeeter.com](http://HarrisTeeter.com). When you get to the website, first click on the community section, then click the Together in Education section, then click Link to Your School. You will be asked to enter some information and by the time you are done you are officially linked to CCPA. This easy step helps us maintain lower costs that we can pass on to you, while providing our students with excellent materials and quality experiences. \*This has to be done yearly! If you were linked last year, you will need to re-link your card!

### CCPA T-Shirts

All children should receive a t-shirt. If you have not picked yours up yet, please let us know. We have many sizes to choose from! We have t-shirts in adult sizes as well if you would like to represent CCPA! Show your school spirit! We will have several school spirit days this year where staff and children will wear their shirts! Adult shirts are \$10 and can be purchased in the office. Your child's shirt was included in the registration.



We would greatly appreciate you downloading the **Box Tops App** and scanning your box tops for CCPA.

Use the app to scan your store receipt, find participating products and instantly add cash to our school's earnings online. Remember, box tops can be found on any number of products, including Ziploc, Kleenex, Progresso, General Mills, Green Giant, and many more.

This money helps us offset costs for materials throughout the year, and we are so thankful for the help we receive with this!



Due to the number of children with allergies to nuts, CCPA will be a Nut Safe Environment. We are asking those that have lunch with us to not pack anything that contains nuts. We understand that many children enjoy PB and J sandwich for lunch, so we are providing you a list of alternatives to that. We are hoping that by creating a nut safe environment, the chances of cross-contamination will be lessened. We appreciate your understanding.

First, please remember to label your child's lunchbox with their name and date. We have put a tag on each lunchbox so for the date all you should have to do is use a dry erase marker to write the month and circle the day. Second, please make sure not to pack things that are considered a choking hazard as we cannot allow the students to eat them. A few examples are whole grapes (you can send grapes as long as they are cut in half) and whole hotdogs (hotdogs must be cut the long way and then the short way).

### Nut-free Lunch Ideas Your Kids Will Love

- Mini bagel with cream cheese and apple butter or jelly
- Grilled cheese sandwich
- Chicken or cheese quesadilla
- Turkey, ham, pepperoni or roast beef sandwich
- Thermos of soup
- Leftover pasta
- Lunchable style finger foods (pepperoni, ham cut into squares, cheese cubes, crackers)
- Hummus and veggies or chips
- Hummus and cheese sandwich
- Sunflower seed butter and jelly sandwich
- Sunflower seed butter, banana and honey sandwich
- Hot dog (cut in half)
- Sausage biscuit
- Fruit
- Cucumbers carrots with ranch
- Mini Pizza
- Yogurt
- Nut-free Granola
- Chicken salad
- Chicken nuggets or chicken tenders
- Chicken skewer
- Pita bread with roasted red pepper hummus
- Hard boiled egg (peeled)
- Tortellini
- Sunflower seed butter spread on cinnamon raisin bread or toast
- Ham or turkey roll-up or ham rolled around a cheese stick
- Pretzels with Chocolate hummus

**\*Please note that peanut butter, almond butter, cashew butter and Nutella contain nuts.**

**\*Please note that the Department of Social Services requires hot dogs, grapes, baby carrots, etc to be cut in half to reduce choking risk.**

For more information visit [foodallergy.org](http://foodallergy.org).

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